

-External Masseter-

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Steps

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👉 Position> The client is supine. The therapist is seated at the head of the table.

- Be sure the jaw is not clenched, but relaxed during treatment.
- The opposite side of the mandible should be supported at all times during the treatment.



1) With the thumb pad, **glide inferiorly** over the entire muscle from the zygomatic arch to the insertion on the ramus of the mandible. Apply **static pressure** and **cross fiber friction** to any unreleased areas.



- If pellet-like stones are found in the tissues, refer the person to a dentist for examination of possible stones in the parotid (salivary) gland

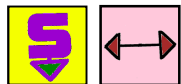


- The zygomatic and buccal branches of the facial nerve lie deep to the levator labii superioris. Trauma to these muscles may cause entrapment of these nerve branches.



- Referral to a dentist is recommended before treating if there is presence of heat, redness, edema, extreme tenderness and other signs of infection on the lateral surface of the mandible.

- The thumb pad should be lifted after each glide and placed again on the zygomatic arch before resuming glides. The facial tissues are delicate and gliding deeply on these tissues could damage the connective tissues which support the skin.



2) With the pad of the index finger apply **static pressure** onto the inferior surface of the zygomatic bone beginning just lateral to the nose. Then treat this area with **medial-lateral friction** at finger width intervals until the mandibular condyle is reached.

- The muscles being treated include the levator labii superioris, levator anguli oris, zygomaticus major and minor, and masseter.
- Treating under the zygomatic bone releases trigger points which fire into the frontal sinuses.




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Summary

Position> The client is supine. The therapist is seated at the head of the table.

1)    belly of the masseter

-  refer to a dentist before treatment if pellet like stones are found
-  trauma to the levator labii superioris can entrap nerves
-  do not glide deeply on the facial tissues.

2)   origin of the masseter